



PT ID

PATIENT INSTRUCTIONS POST CAPSULE ENTEROSCOPY

You have just had a capsule enteroscopy. If you have severe or persistent abdominal or chest pain, fever, difficulty swallowing or if you have any concerns, please contact our office on Ph 3344 1844.

This sheet contains information about what to expect over the next *two days*.

1. **Pain:** Pain is uncommon following capsule enteroscopy. Should you feel sharp or persistent pain, please call our office.
2. **Nausea:** Nausea is also very uncommon and should it occur, please notify our office.
3. **Diet:** You may eat and drink. There are no dietary restrictions.
4. **Activities:** Following capsule enteroscopy, you may resume normal activities including exercise.
5. **Medications:** You may resume all medications immediately. Do not make up for doses you have missed, just begin your normal dose.
6. **Further testing:** Until the capsule passes, further testing which includes any type of MRI should be avoided. If you have an MRI examination scheduled within the next 3 days, the MRI examination should be postponed.
7. **The Capsule:** The capsule passes naturally in a bowel movement, typically in about 24 hours. Most likely, you will be unaware of its passage. It does not need to be retrieved and can safely be flushed down the toilet. Occasionally, the capsule lights will still be flashing when it passes. Should you be concerned that the capsule did not pass, in the absence of symptoms, an abdominal x-ray can be obtained after 3 days to confirm its passage.